

**Dear Parents and Caregivers,**

We would like to invite you to take part in the *Supporting Family Conversations Extension Project*. This form explains the project and what you will be asked to do.

We hope you will consider our invitation to participate in this important project.

Yours sincerely,  
**Courtney King**



# Parent Information Form

We would like to invite you to take part in the **Supporting Family Conversations Extension Project**, a project to support parents of year 9 and 10 students, funded by Healthway.

## What is this project about?

The Supporting Family Conversations Project has developed resources to educate and support parents of children in Year 7. The resources are aimed at enhancing parent-child communication and reducing the risk of harm to teenagers from alcohol use and in the online environment.

## Why is it being extended?

To extend the Supporting Family Conversations Project, research will be conducted to explore the needs of parents of Year 9 and 10 students. The research team recognise that it is likely that parents of Year 9 and 10 students need different resources to parents of Year 7 students. The information will be used to design the next stage of the Supporting Family Conversations resources.

## Who is doing this study?



This study is being conducted by the **Telethon Kids Institute**

In collaboration with **School Drug Education Road Aware (SDERA)**



Funded by **Healthway** through the Australian Health Promotion Association (WA Branch) Scholarship

## The research team comprises:



Courtney King  
Telethon Kids Institute



Dr Therese Shaw  
Telethon Kids Institute



Dr Karen Lombardi  
Telethon Kids Institute



Dr Robyn Johnson  
Telethon Kids Institute

## What will I be asked to do?

We invite you to participate in **focus groups** conducted by the project's researchers at the **Telethon Kids Institute**.

*These focus groups will examine parent's knowledge, attitudes and behaviours towards adolescent alcohol use; as well as identifying key messages that may inform the future development of resources for parents of Year 9 and 10 students.*

This invitation is for parents/guardians of a child currently enrolled in either Year 9 or 10 in a Western Australian secondary school.



The decision for you to participate in the study is voluntary, and entirely up to you. You are able to withdraw at any time. Your decision to either participate or not participate in this research project will not affect your relationship with the TKI or SDERA.

## What are the possible benefits of this project?



This project will provide direction for adapting the *Supporting Family Conversations Project* in an age and stage appropriate way to provide ongoing support for parents as their teenagers grow and develop. As students in Year 9 and 10 are developmentally different to those in Year 7 and their exposure to alcohol may have increased, an exploration of the challenges faced by parents in this age group will help to inform the development of a resource designed specifically for these parents.

## Is the information I give confidential?



The data collected from focus groups with parents will be collected anonymously and participants will not be named in any publications or reports emanating from the project.

The decision for you to participate in the study is voluntary, and entirely up to you. You are able to withdraw at any time.

## What are the possible risks of being involved in this study?



We do not anticipate any significant risk to you by participating in this study. Most parents who have participated in similar research have enjoyed the experience.





## Who do I contact if I wish to discuss this project further?

If you would like to discuss any part of this study with the research team, please contact:

Courtney King

- (08) 6139 1652
- [courtney.king@telethonkids.org.au](mailto:courtney.king@telethonkids.org.au)

Yours sincerely,  
**Courtney King**  
Telethon Kids Institute



**SUPPORTING FAMILY  
CONVERSATIONS**

Approval to conduct this research has been provided by the University of Western Australia, in accordance with its ethics review and approval procedures. Any person considering participation in this research project, or agreeing to participate, may raise any questions or issues with the researchers at any time. In addition, any person not satisfied with the response of researchers may raise ethics issues or concerns, and may make any complaints about this research project by contacting the Human Research Ethics Office at the University of Western Australia on (08) 6488 3703 or by emailing to [hreo-research@uwa.edu.au](mailto:hreo-research@uwa.edu.au). All research participants are entitled to retain a copy of any Participant Information Form and/or Participant Consent Form relating to this research project.



## How do I become involved?



If you are willing to participate in the project, please complete the hard copy Participant Consent Form. You may choose to return the form via email to

[courtney.king@telethonkids.org.au](mailto:courtney.king@telethonkids.org.au)

or you will be provided with a hard copy to complete at the focus group.